



SIR Branch 116 Newsletter January 2026

Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life

Message from Brad

Wow! What a year we just had! Thinking back on it I have difficulty believing we poured so many fabulous things into twelve short months. I'm still buzzing from the Holiday Party – a most enjoyable success thanks to the efforts of many, especially Paul Russell, Ron Armijo, and Dan Lawrence. And the Blue River Band! Not to forget our Spring Fling – what a great lunchtime event, also with terrific food, companionship and music, again through the dedicated planning of Paul Russell. And most of all, our greatest reward has been our fellowship, being connected with so many friends in luncheons and our numerous fine activities.



The fact is, we owe much gratitude to those fine gentlemen offering leadership and guidance to our branch, those in our Branch Executive Committee, including Paul Russell, Charlie Guthrie, Al Satake, Dan Lawrence, Bill Foulds, Phil Goff, Dave Havlik, Sam Beret, Gary Bonfiglio, Jeff Johnson, Alan Pope, Harry Shedrinian, and Jim Tamulski, and the tireless work of all our Support and Activity Chairmen. Gentlemen, we so enjoy the fruits of your labor!

I'm so looking forward to this year and all it will bring. More of everything, and making it even better. And here's something that'll please you... **our Annual Dues will remain unchanged from last year! And more, our Luncheon cost will also remain unchanged.** Helping achieve this are our new members of the Executive Committee, Tim Tinnes, Terry Sherman, and Eric McNamara who succeed those graduating, Alan Pope, Bill Foulds, and Gary Bonfiglio. A warm 'Thank You' to all!

My hope for this year is simply stated but requires much from all of us: 'Enhance the Vibrancy and Vitality of 116!'. We all see reports saying that Loneliness and Inactivity are epidemics! Well, the remedy is SIR! Let's keep adding to our numbers (well done, guys, in 2025 – met our goal), add other activities (ideas, gents?), enhance them (even the luncheon food!). We can do this! This means you! Keep the ball rolling.

Brad Stribling, Big SIR

Happy New Year

2026

Next Meeting

January 19, 2026 @
Boundary Oak,
11:30 AM

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Call 925-322-1318

or email to

luncheon116@gmail.com

by the Monday prior
to the
meeting to cancel your
standing
reservation.

Trampas Topics

2026 SIR Branch



Big SIR
Brad
Stribling



Little SIR
Dan
Lawrence



Treasurer
Charlie
Guthrie



Asst. Treas.
Al
Satake



Secretary.
Tim
Tinnes



Asst.Sec.
Terry
Sherman

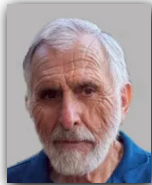


Membership
Phil
Goff



Asst. Mem.
Dave
Havlik

2026 SIR Branch Directors



Sam
Beret



Eric
McNamara



Jeff
Johnson



Paul
Russell



Harry
Sherinian



Jim
Tamulski

2026 Support Chairmen

RAMP Department Heads

- Recruitment Jeff Johnson
- Activities Roger Craig
- Member Relations Sam Beret
- Publicity Alan Farbman

Branch Support Chairmen

- Audit Committee Ron Armijo
- Nominating Committee Alan Pope
- Sunshine Committee Open
- Computer Support Neil Schmidt/Phil Goff
- Webmaster Neil Schmidt/Phil Goff
- Newsletter Editor Neil Schmidt
- New Member Orientation Dave Williams
- Membership Roster Prep Phil Goff

Luncheon Support Team

- Attendance Eric Linak
- Audio Visual Neil Schmidt
- Chaplain Committee Terry Sherman
- Greeters Committee Dan Lawrence, Marty Katz
- Raffle Committee Ben Bryce
- Storytellers Committee Mac McLoughlin/F. Schafer

Speakers Committee

- Team Member James Dawe
- Team Member Allan Farbman
- Team Member Paul Freitas
- Team Member Brad Stribling

2026 Activity Chairmen

<u>Activity</u>	<u>Chairman</u>	<u>Asst. Chairman</u>
Amiable Amblers	John Riordan	Joel White
Bocce	Bob Huck	
Book Group 1	Rich Black	Steve Bort
Book Group 2	Scott Clark	Alan Pope
Book Exchange	Dick Kauffman	Gary Bonfiglio
Bridge	Jon Dickson	Art Donaldson
Carmel Getaway	Jim Avila	
Community Service	Frank Colligan	Eric Linak
Computer & Tech	Neil Schmidt	Phil Goff
Dine-O-SIR	Jerry Hicks	
Fishing	Harry Sherinian	Terry Miller
Golf—18 Hole	Bernie Wroblewski	Ed Lichtig
Golf—9 Hole	Dick Chaffee	D. McLaughry
Golf—Treasurer	Harry Oberle	
Golf—Carmel	David Harris	
Mexican Train	Alan Polanger	Gary Bonfiglio
Parties	Brad Stribling	
Pickleball	Gary Bonfiglio	Don Marini
Poker	Open	
\$ums Investment	Tom Henry (Br.146)	
Sunshine	Open	
Theater	Terry Sherman	
Walking Tours	Jim Tamulski	Greg Hughes
Wine-O-SIR	Dave Havlik	

Some Other SIR Area 16 Activities

Astronomy	David Bushnell (Br. 8)	925-838-3914
Birding	Ted Robertson (Br. 146)	925-899-1872
Chess	Steve Schramm (Br.8)	925-222-0801
Cycling	Larry Kaye (Br.146)	925-698-4030
Digital Photography	Meng Horng (Br. 8)	309-287-5654
Men's Hearts Cards	Bob West (Br.146)	925-518-8472
Travel	Glenn Breslin (Br. 146)	925-788-6520

**Keep Active,
Participate in Branch Activities,
and Be a Leader!**

Monthly Activities Calendar

January 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 	2 Pickleball (7:30@ WC Tennis, Heather Farm) Amiable Amblers (No walk)	3
4	5 18-Hole Golf (9:40@ Boundary Oak) Book Group 1 (10:15@ Orinda Books)	6	7 9-Hole Golf (10:00@ Pleasanton)	8	9 Pickleball (7:30@ WC Tennis, Heather Farm) Amiable Amblers (9:00@ Inspiration Point, Tilden)	10
11	12 18-Hole Golf (9:40@ Boundary Oak)	13 Luncheon Bridge (10:30@ TBD)	14 9-Hole Golf (10:00@ Diablo Hills) Mexican Train (10:00@ Church of Christ, WC)	15 Community Svc (9:00@ CC Food Bank) Book Group 2 (11:00@ Boundary Oak)	16 Pickleball (7:30@ Heather Farm) Amiable Amblers (9:00@ Walnut Creek Civic Center Park)	17
18	19 SIR Br. 116 Luncheon (11:30@ Boundary Oak)	20 18-Hole Golf (10:00@ Hiddenbrook)	21 9-Hole Golf (10:00@ Buchanan Fields)	22 Fishing (8:30@ Diablo Creek GC)	23 Pickleball (7:30@ WC Tennis, Heather Farm) Amiable Amblers (9:00@ Moraga Commons)	24
25	26 18-Hole Golf (9:28@ Lone Tree) Book Group 1 (10:15@ Orinda Books)	27 Luncheon Bridge (10:30@ TBD)	28 9-Hole Golf (10:00@ Diablo Hills) Sums Investment (1:30 via Zoom)	29	30 Amiable Amblers (9:00@ Danville Railroad Museum)	31



Branch Administration



Branch Membership

Phil Goff, Membership Chairman

Total Membership is 176
2026 New Members: 0

Member

Gil Roeder New Member. Sponsor is Al Farbman
Mike Ward Passed away on 11/24/25
Bruce Lewis Resigned. Too busy with other things
Tom Byrom Resigned. Health issues

In Memoriam

Michael D. Ward

June 18, 1941 – November 24, 2025

January Birthdays

*When you see these members, wish them a
Happy Birthday!*

- | | |
|----------------|------------------|
| 1. Jim Arnold | 6. Bill Ginter |
| 2. Ken Binning | 7. Gary Halick |
| 3. Jim Byrns | 8. Dennis Snarr |
| 4. Dick Conger | 9. Dick Socolich |
| 5. Tom Eller | |

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor
(trampastopics@gmail.com)

SIR Web Addresses

SIR 116 Web Site
branch116.org

Branch 116 Golf
branch116golf.org

Branch 116 Shopping Cart

sons-in-retirement-las-trampas-br-116.square.site

SIR Happenings State Newsletter
sirinc.org/newsletters/



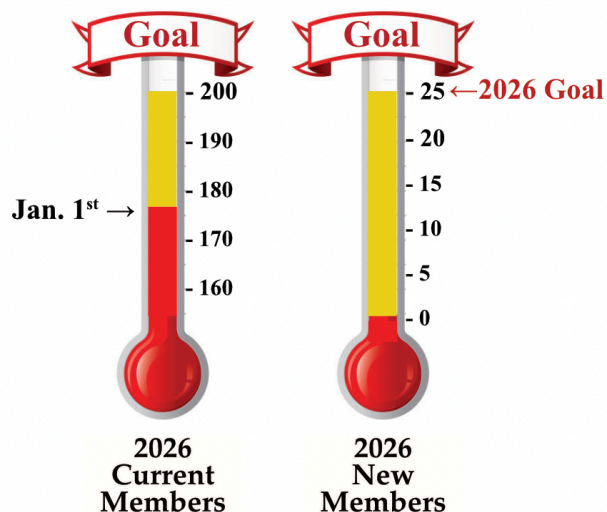
Treasury Report

Charlie Guthrie, Treasurer

The 2026 budget was approved at the December BEC meeting. Our major expenditures continue to be SIR State dues, general operating expenses (ink, paper, stamps, roster printing, ...) and recruiting. SIR state dues are increasingly slightly to \$11.40 per member. Following the successful recruiting efforts in 2025, the BEC decided to keep recruiting spending at a similar level in 2026. Since the changes from 2025 are small the **BEC decided to hold the 2026 annual membership dues steady at \$25**. We will start collecting 2026 dues in January. If you pay your dues at one of the monthly lunches, please ensure one of the folks taking your money notes that you have paid your dues on the list that they will have. If you pay with cash, this list is the only way we can tell who has paid and who hasn't. You can also pay your dues via the web site's Shopping Cart starting January 1.

The cost of lunch will not increase in 2026. **We were able to work together with the other two SIR branches that meet at Boundary Oak to hold the lunch price at \$37 for 2026.**

	24-Dec	2025 YTD
Beg Bal 2025		\$ 10,842.15
Contributions	\$ 5,381.82	\$ 71,573.20
Disbursements	\$ (8,550.61)	\$ (70,051.77)
Net (gain/(loss))	\$ (3,168.79)	\$ 1,521.43
December Cash Balance		\$ 12,363.58



2026 Membership Challenge

Luncheon Speaker

Eric Mcamara - “Nuclear Energy”



Little SIR
Dan Lawrence

Welcome to the year 2026! How did 2025 finish so quickly? To quote an unknown gentleman: “Time flies when you’re busy and having fun.” A brand-new and exciting year of SIR activities is upon us and I’m confident that our membership will continue to be actively involved having fun participating in one or more of the many SIR activities. I am also excited to announce that we have already received commitments from several speakers on interesting topics and have them scheduled during the first two quarters of this new year.

Our January luncheon “guest speaker” is **Eric McNamara**. Yes, Eric is one of our members and will

be making a presentation on Nuclear Energy. After graduating from the United States Naval Academy, and as a young newly commissioned naval officer, Eric joined the submarine force where he served 7 years working on nuclear submarines. Following his active naval service, Eric worked at the Los Alamos National Laboratory in New Mexico for 25 years where his duties focused on the conduct and management of complex and hazardous operations. We are fortunate to have a member who is well versed in nuclear energy and look forward to an interesting luncheon.

The Clubhouse at Boundary Oak

Luncheon Menu

Monday, January 19th

SALAD

Arugula Salad with Cranberries, Almonds,
Goat Cheese and Herb Vinaigrette

ENTREES

Chicken Picatta

Herb Marinated Chicken Breast, Garlic and
Herb Rice Pilaf, Seasonal Vegetable,
White Wine Lemon Caper Sauce

Cod Picatta

Herb Marinated Cod Filet, Garlic and Herb Rice Pilaf,
Seasonal Vegetable, White Wine Lemon Caper Sauce

VEGETARIAN OPTION

Creamy Tomato Tortellini

Five Cheese Tortellini in a Creamy Tomato Sauce,
Seasonal Vegetable

DESSERT

Tiramisu

SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: <https://sirinc.org/newsletters>



Book Group 1
Rich Black

Book Group #1 will discuss the following books at Orinda Books at 10:15 am on the following dates.

- January 5... “Careless People” by Sara Wynn-Williams
- January 26.. “Reflections on Captivity” by Porter Halyburton
- February 23. “On Call” by Anthony Fauci

Book Group #1 did not meet in December of 2025, but nonetheless extends best wishes to all of Branch 116 for health and fulfillment in 2026.

Branch Activities



Fishing Harry Sherinian

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Phil Scimonelli, 661-917-8060 and Harry Sherinian, Branch 116 Fishing Coordinator, 510-207-7067. Next meeting will be at the Legends restaurant at the Diablo Creek golf course at Port Chicago Highway and Highway 4 on Thursday, January 22nd at 8:30am. Come early.

2025 was not a good year for we fisherfolk. Big and constant winds, big ocean swells, very constricting regulations. Closures of our favorite ponds. There was a lot of pouting. But still we sallied out. Many of us got big crabs and tasty rockfish from the ocean. On those trips

the wind brought us home, and the sun turned the small white caps into diamonds. Fishing is so much more than just catching fish. Others of us got striped bass from the delta. A keeper is any fish over 18 inches. A big fish is 24 inches. The big fish are out there but you have to be persistent, Certainly not what it was, but still fun, and they do pull hard on our string. Next year our favorite rockfishing is closed until at least March if not later. Our favorite trout and catfish ponds are restricted for boating because of the golden mussel invasion. Still we will find water and venture out upon it. It is not a sport for the faint hearted. We ended the year with our annual Christmas Party at ZoFreidos in Pleasant Hill. There were over 60 members and guests in attendance.



Harry Sherinian caught this Stripper in the Delta



Book Exchange Dick Kauffman

Book Exchange

As usual, the Book Exchange has books for you. This is a free service available to all members of SIR Branch 116. Take a book, bring a book or bring a book and take a book. Hopefully you enjoy this service, The Book Exchange

\$UMS Investment Dave Suttpm (Br. 8)

As usual we will Zoom with SIR Branch 128 (San Ramon) on the 4th Wednesday at 1:30 PM. Email Dave Sutton to be included or to learn the topic. Dave Sutton, Branch 8, davesutn@comcast.net



Book Group 2 Scott Clark

Book Club 2 did not meet in December.

Book Club 2 January Meeting

Book Club 2 next meeting will be Thursday, January 15, 2026, 11 AM. The group meets at Boundary Oak golf course club house (upper level).

We will discuss [Into Africa: The Epic Adventures of Stanley and Livingstone](#), by Martin Dugard.

For more information, contact Scott Clark, 925-998-4553, or scottmclark72@gmail.com

Branch Activities



Bridge Jon Dickson

We ended our 2025 bridge year on Tuesday December 9th, with our next game on **Tuesday, January 13th**, location to be announced, so do read your bridge e-mails. We were told on December 9th, that after over 80 years, The Brass Door Restaurant was closing, they lost their lease. We have lost our lunch venue for our bridge. I am in the process of finding a new venue for our game.

On December 9th, Art Donaldson (thanks to a 7 NT hand, bid and made by Jai, they held 38 of 40 high card points) came in first with 4,260 points. Jai Yee was second with 4,210 points and Jon Dickson was third with 4,110

points.

For the full year of playing, only considering players with at least 12 games played, Jai Yee had the highest average score of 3,475, Denny Morrissey was a close second with 3,465, Eric Linak was third with 3,422 points and Sam Beret was fourth with 3,409 points. Nobody played all 23 games, but quite a few were present for 22 of the 23 games played.

May all have a very enjoyable Holiday Season and I look forward to seeing all next year.



Walking Tours Jim Tamulski

We are looking into a docent led tour of the Computer History Museum in Menlo Park sometime in February. Those of us who have been there very much enjoyed the experience.

Their exhibits explain Chatbots, AI, the history of computers including a demonstration of the IBM 1401 - the first "affordable" computer (circa 1959), etc.

Please check out their website at computerhistory.org and **let me or Greg by January 16 whether you (and others you know) would like to tour the museum.** The cost is \$24, the tour would begin at about 10 a.m. and we would all have lunch thereafter nearby.

Jim Tamulski: tamulski.james@gmail.com

Greg Hughes: greghughes505@gmail.com

Live longer, live happier. Join SIR!

Our activities provide social, physical and mental engagement for men over 50 and their partners.

We live longer and have more fun!

Based in Northern and Central California, our branches provide a range of activities, and many are coed!

Branch Activities

Holiday Party Photos

December 10, 2025



Branch Activities



Wine-O-SIR

David Havlik

There was no WINE-O-SIRS activity scheduled for December. Normally, we would have a wine tasting event in January but, sadly, no one has volunteered to host this

coming month. So, the next wine tasting event will be on March 26th, hosted by Mike and Sharon Schneider at Jerry and Kathy Hick home.



Bocce

Bob Huck

We continue in our off season for now. We will be starting our new season on Thursday, April 16 and continuing every other Thursday through October 15. We will be playing at the Clayton bocce courts from 10:00am til Noon. There are no specifics yet for any court renovation plans at this time. We are open to adding more players and

creating 2 additional teams and another court rental. Spouses and others are welcome to join us. Please let me know if you are interested in joining the group.

Bob Huck
bhuck10@sbcglobal.net



Pickleball

Gary Bonfiglio

Pickleball is the fastest growing sport in the United States. We here at Branch 116 has a core of dedicated players, who play two/three times a week at local venues. Primary play is every Friday morning at The Tennis Center, Heather Farm Park, Walnut Creek. If interested in joining

our fun players and the great sport of pickleball contact:

Gary Bonfiglio Co-Chair 925-330-9612
Don Marini Co-Chair 925-935-5036



Amiable Amblers

John Riordan

December walkers included Richard Black & Donna Arganbright, Todd Berman, Art & Mary Alice Donaldson, Al & Nancy Farbman, Dick Frankel, Paul & Anna Freitas, David & Colleen Geary, Logan & Doreen Happel, Peter & Sandy Loew, Eric McNamara, Essie Naddaf, John & Gail Riordan, Ed Soloman, Brad & Winnie Stribling, Bill & Maureen Trilsch, and Joel White.

On December 5 we met at the Lafayette Community Center and walked south on the Lafayette-Moraga Trail; the post-walk gathering was at the Ranch House Cafe. On December 12 we met at the Stone Valley Rd West trailhead and walked north on the Iron Horse Trail; the post-walk gathering was at Peet's Coffee. On December 19 we met at the Countrywood Shopping Center and walked east on the Contra Costa Canal Trail; the post-walk gathering was at the Black Bear Diner.

All January walks are scheduled to begin at 9:00AM. **No walk is planned for January 2.** On **January 9** we will meet at Inspiration Point in Tilden Park and walk north on

the Nimitz Trail; the post-walk gathering will be at the Orinda Village Inn Cafe. On **January 16** we will meet at the Walnut Creek Civic Center Park and walk north on the Iron Horse Trail; the post-walk gathering will be at Caffè La Scala. On **January 23** we will meet at the Moraga Commons and walk north on the Lafayette-Moraga Trail; the post-walk gathering will be at the Ranch House Cafe. On **January 30** we will meet at the Danville Railroad Museum and walk north on the Iron Horse Trail; the post-walk gathering will be at the Black Bear Diner.

These walks are for individuals or couples; spouses and significant others are encouraged to participate, even when the member is unable to. SIR members, including those from other branches, wishing to join this congenial group or to be added to the email list should contact me at jriordan730@gmail.com or 925-284-3394. Also contact me if you wish to be removed from the list for future emails.



Computer & Technology

Neil Schmidt

Visit the Computer History Museum

The Walking Tour Group is planning to tour the Computer History Museum in Menlo Park sometime in February (see page 7). If you are interested in attending, please contact Jim Tamulski.

How To Get Fewer Spam Emails

(From US Federal Commission's website)

- *Use an email filter. Check your email account to see if it has a tool to filter out unwanted emails or to funnel them into a junk email folder. Many email providers (like Gmail or Yahoo) have strong spam filters turned on by default. But there are ways to make them work even better. For example, if any spam makes it through to your inbox, mark it as spam or junk. Filters aren't perfect, so even emails that make it past the filter might still be spam. Also, check your spam or junk folders occasionally to make sure non-spam email didn't end up in there.*
- *Block unwanted emails. Check your email provider's settings for steps to block unwanted emails. Try blocking specific email addresses or email domains (the part of the address after the @).*
- *Check to see how companies will use your email address. Different websites and apps handle your privacy differently. When you give a company your email address, it might share or sell it to third parties. Checking a company's privacy policy might help you see how they'll share your contact information.*
- *Unsubscribe from unwanted emails. Many email providers have features that help you unsubscribe from email lists. They may show up as a banner or as a button when you open the email. To find out what options your email provider has, search online for the name of your email provider, plus "how to unsubscribe from unwanted emails."*

How To Protect Your Device from Spammers

Protecting your device is another way to cut down on spam by keeping spammers from using it to send you still more spam. Hackers and spammers scan the internet looking for computers, phones, tablets, and other connected devices that aren't protected by up-to-date security software. They want to install hidden software — called malware — to control those devices remotely. Scammers sometimes send phishing emails with attachments or links that, if opened or clicked, install

harmful malware on the device.

When many of these hacked devices link together, they make up a "botnet" — a network spammers use to send millions of emails at once. Millions of computers, phones, and internet-connected devices, like smart cameras or voice assistants, are part of botnets. In fact, most spam is sent this way.

If spammers get access to your device, it can cause a lot of issues like slowdowns, legal trouble if attacks are traced to you, and identity theft if the hackers stole your personal information. To help protect your device:

- *Keep your device's security updated. Most devices, new or old, have software that needs occasional updates to fix security bugs and other glitches. To protect your devices, use security software. Update it regularly, or — better yet — set it to update automatically. That way, you know you have the latest protections. And set it to automatically scan new files on your device.*
- *Change preset passwords. Your device might have a standard default password from the manufacturer. Hackers know how to find default passwords easily, so change yours to something more secure.*
- *Detect and remove malware. It's sometimes hard to tell if a spammer installed malware on your device, but there are some warning signs: maybe your device suddenly slows down, won't shut down or restart, or won't let you remove software. If you think you clicked on a link or opened an attachment that downloaded harmful software, run a scan to see if it identifies a problem. If you know your device was hacked or infected by a virus, take it offline right away. Then take steps to remove the malware and report it to the FTC.*

Report Spam

If you get an unwanted email:

- *Report it. Forward unwanted messages to your email provider (like Gmail or Yahoo).*
- *Mark it as spam or junk. Most email services include options to mark messages as spam or junk.*
- *Tell the FTC at ReportFraud.ftc.gov.*

Computer & Tech Mailing List

If you want to get on our mailing list, send a request to: technologyforsir@gmail.com

Branch Activities



Dine-O-SIR
Jerry Hicks

Mimosa Sunday Brunch



Celebrate 2026 Happy New Year with our Dine-O-Sirs members, friends, and guests at Lone Tree Golf Club with a superb **Mimosa Sunday Brunch on January 25th.** Lone Tree's Oak Room of their "Event Center" is reserved for us with seating at **11:00 AM.** We have spacious available; invite friends to join

with us. Be prepared for good food, good service, and good views! Cost is **\$49.50** per person inclusive. A Dine-O-SIR Flyer with information and reservations is attached. Sunday morning easy traffic with plenty close parking. Send **NOW** reservations with checks to Jerry Hicks.

New Year Greetings from Dine-O-SIR Committee:
Jerry Hicks, Bob Donohue, Tom Eller, Larry Heaton



Dine-O-SIR ***Sunday Mimosa Brunch*** ***January 25th, 2026***

At 11:00 AM

Lone Tee Golf Course
4800 Golf Course Road, Antioch
Overlooking the 18th green and lake



Cost of \$49.50 inclusive per person

Typical Buffet:



Mimosa and Juices
Pastries and Rolls
Fruits and Salads
Shrimp and Smoked Salmon
Eggs and Meats
Custom Omelet and
Prime Rib Carving Stations
Waffles and French Toast
Dessert Table
Coffee and Tea Served



Sir 116 Sunday 11:00 AM Mimosa Brunch at
Lone Tree Golf Club, Antioch; January 25, 2026

Name: _____ **E-Mail** _____

Name: _____ **No. Attending** _____ **x \$49.50 = \$** _____

Check payable to: SIR Branch 116 Dining

Mail to: Jerry Hicks at 74 Amberwood Lane, Walnut Creek, CA 94598

Call or e-mail if you have questions: C) 925-360-0447 or jerryhicks@astound.net

Branch Activities



Community Service Frank Colligan

“Food brings people together — and volunteers make that possible.” Anon

Our Branch had a great turnout for our volunteer shift at White Pony Express in December. Two new members even showed up to volunteer before their first luncheon! We are looking forward to another year of community service representing Branch 116. White Pony Express and the Food Bank are doing important work in our community, and we are proud to be a part of it.

So far, we have the following activities scheduled:

- January 15 – Food Bank – Concord
- February 19 -- White Pony Express
- March – TBD – Food Bank - Concord

Please let me know if you know of any other organization that can use our collective help. Please contact me if you are interested in joining the Community Service

Volunteer activity.

Frank Colligan airstreamfrank@gmail.com (925)322-1808



Food Drive Most Needed Items

Peanut Butter
Whole Grain Cereals
Hearty Soups
Dried or Canned Beans
Canned Poultry, Meat & Tuna
Canned Fruit in Juice
Nonperishable Ready to Eat Meals
Canned Vegetables
Brown Rice
Whole Wheat Pasta
Canned Tomato Products
**PLEASE NO EXPIRED ITEMS
AND NO GLASS CONTAINERS**



Mexican Train Alan Polanger

Mexican Train is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play.

Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all of your dominoes. When you draw your hand, you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN.

We meet at 10AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Rd in Concord.

We met in December and had eight members in attendance plus one guest, Donna Madden. Members present were Gary Bonfiglio, Alan Polanger, Kirk McVean, Jim Grant, Alex Lutkus, Paul Freitas, John Riordan and Richard Madden. Paul Freitas had low score.

Please email me if you would like to talk and I can give you a call. A notice will be sent out for the January meeting. Which is scheduled for Wed, 1/14 at 10 AM. Let me know if you would like to be put on our list.

Please contact Alan Polanger, Apolanger@sbcglobal.net or 925.922.2151.

Branch Activities



SIR Golf

Bernie Wroblewski, Golf Chairman

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group. The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away.

In addition to the Tournament format, Special Events such as Match Play, Best Ball, Scramble, and others are also periodically scheduled.

Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA

through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.



9-Hole Golf

Dick Chaffee

The 9 Hole Golf Club is open to SIR golfers of all levels. We play every Wednesday morning except holidays at 4 courses in the area. This year, each month, we are playing Pleasanton Golf Club, Diablo Hills, Buchanan Fields and Dublin Ranch. Our first tee time is 10:00am. Some months have a fifth Wednesday. On the fifth Wednesdays, we schedule special 9 hole events at courses in the area.

If you would like to play 9 hole golf, please contact Dick Chaffee, the 9 hole golf chairman, (925)-932-5087.

If you would like more information on 9 hole golf, please visit our Branch 116 golf web site.

Golf Website

The Golf Website is: branch116golf.org
Please bookmark it in your "Favorites" list of websites to access information on the following:

- Annual Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Shows captains, teams, starting times & handicaps for next event.
- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.

January 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 07	10:00 AM	Pleasanton	Marty Katz
Wed. 14	10:00 AM	Diablo Hills	D.McClaughry
Wed. 21	10:00 AM	Buchanan Fields	Dick Chaffee
Wed. 28	10:00 AM	Diablo Hills	D.McClaughry

January 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 5	9:40	Boundary Oak	Jerry Hicks
Mon. 12	9:40	Boundary Oak	Jerry Hicks
Tue. 20	10:00	Hiddenbrook	Jerry Hicks
Mon. 26	9:28	Lone Tree	Jerry Hicks